

The Aesthetic Complications Expert Group protocol for the prophylaxis and treatment of herpetic infections in aesthetic practice

RELEVANT FACIAL AESTHETIC TREATMENT POST-PROCEDURE

Patient with neuralgic pain or tingling, malaise/fever and/or vesicles/blisters

Exclude primary or secondary bacterial infection

Exclude a vascular occlusion

Patient needs to start treatment as soon as signs and symptoms appear

Refer to ACE Group guidelines on Acute Skin Infection

Refer to ACE Group guidelines on Impending Necrosis

DO NOT DELAY

If the treating practitioner is unable to review the patient or prescribe medication, immediate onward referral is needed

HERPES SIMPLEX VIRUS
Aciclovir 200mg Five Times A Day for 5 Days (400mg Five Times A Day for 5 Days if high risk)
Or
Valaciclovir 500mg Twice A Day for 5 Days

HERPES ZOSTER VIRUS
Aciclovir 800mg Five Times A Day for 7 Days
Or
Valaciclovir 1g Three Times A Day for 7 Days

Secondary bacterial infection

Incomplete healing

Resolved

Ocular involvement

Extend treatment for a further 5-7 Days

Not resolved

Refer for further investigations

Patient will need prophylaxis prior to further treatment (or not to treat)

Urgent Ophthalmology review